

1000m 38,1 40

500m 39,8 44

Rijkhoven 2 100m 41,2 48

200m 23,7 28

100m 28,6 32

HERDEREN 800m 33,4 36

2000m 37,1 39

100m 39,3 43

Arrêt graissage au café Dorpskroeg

Rijkhoven 2 200m 41,1 47

1800m 23,5 27

200m 28,5 31

HERDEREN 1200m 32,6 35

1400m 35,1 38

200m 39,2 42

Mopertingen 7 900m 40,9 46

100m 21,7 26

100m 28,3 30

HERDEREN 1900m 31,4 34

300m 33,7 37

900m 39,0 41

TONGRES 17 1900m 25,6 29

700m 21,6 25




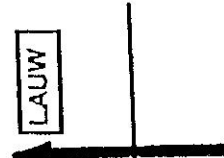



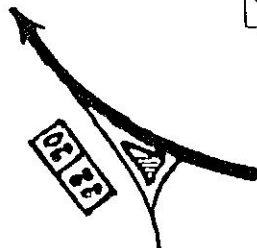
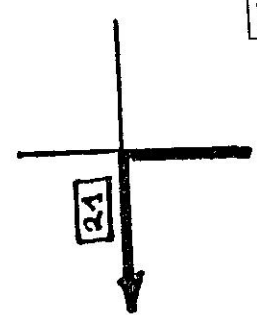
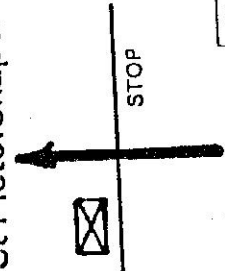
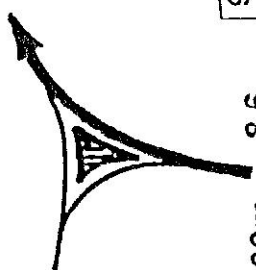
1900m 29,5 33

FEUILLE		5.	
BALADE DE L'AMITIE		16 JUILLET 2000 G.S.M.0496/ 91.44.57	
Crisnée →	 300m 51.7	 300m 51.7	64
Crisnée ↓	 800m 51.4	 800m 51.4	63
Borgloon 9	 300m 51.6	 300m 51.6	62
Crisnée Ruten	 2000m 53.7	 2000m 53.7	65
Lauw 2	 900m 54.6	 900m 54.6	66
Repas de midi Café t' SMISKE Lauwstraat, 114 3700 LAUW Tél. 012/ 39 41 28 BON APPETIT	 2400m 57.0	 2400m 57.0	67
	 200m 57.2	 200m 57.2	68
	 300m 51.4	 300m 51.4	69

FEUILLE		6.	
BALADE DE L'AMITIE		16 JUILLET 2000 G.S.M.0496/ 91.44.57	
Hoeselt	 800m 42.0	 800m 42.0	49
Borgloon 9	 300m 51.6	 300m 51.6	62
Tongeren 4	 1900m 45.9	 1900m 45.9	53
Kluis van Vrijhem	 200m 46.0	 200m 46.0	54
	 600m 43.7	 600m 43.7	51
	 200m 43.9	 200m 43.9	52
	 500m 46.5	 500m 46.5	55
	 100m 46.6	 100m 46.6	56
	 200m 47.80	 200m 47.80	59
	 100m 47.6	 100m 47.6	58
	 900m 47.5	 900m 47.5	57



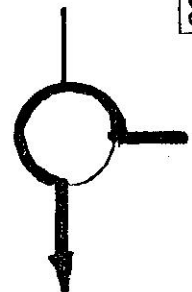
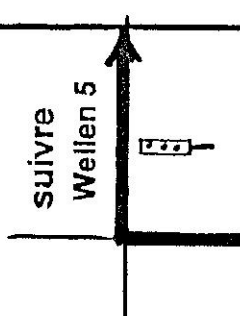
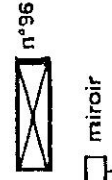


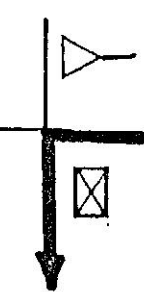

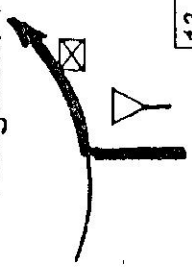
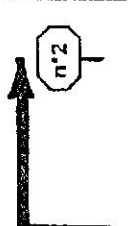

BALADE DE L'AMITIE

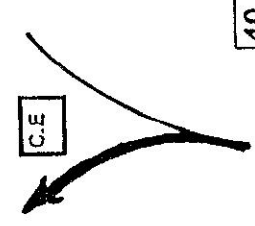
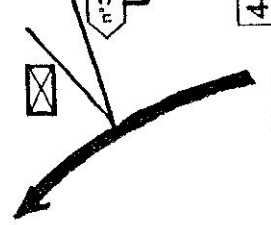
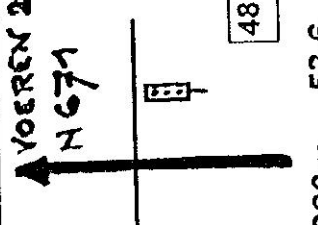
16 JUILLET 2000
G.S.M.0496/ 91.44.57

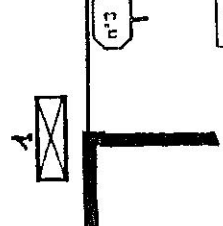
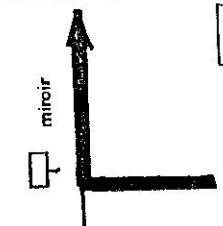
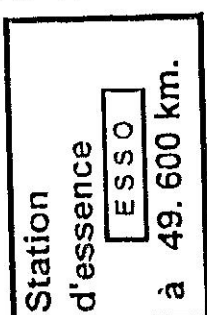
<p>Vechmaal 2</p>  <p>1300m 1,8</p>	<p>Heers</p>  <p>1100m 6,4</p>	<p>Gutschoven</p>  <p>100m 9,5</p>
<p>LAUW</p>  <p>300m 0,5</p>	 <p>500m 5,3</p>	 <p>300m 9,4</p>
 <p>200m 0,2</p>	 <p>600m 4,8</p>	 <p>500m 9,1</p>
<p>Départ du café t' SMISKE pour la ballade de l' après midi.</p>		
<p>St Pieterskapel</p>  <p>2400m 4,2</p>	 <p>2200m 8,6</p>	<p>1 2 3 4 5 6 7 8 9 10 11 12</p>

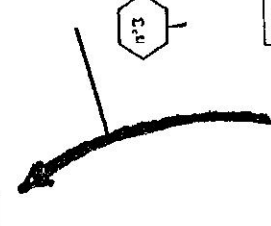
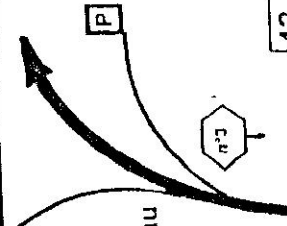
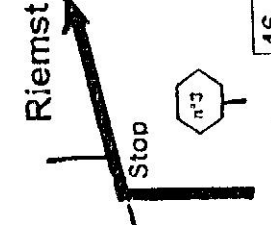
BALADE DE L'AMITIE

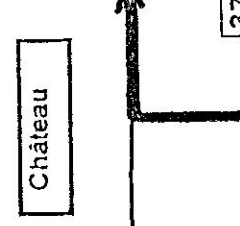
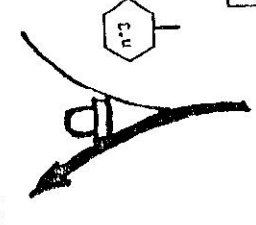
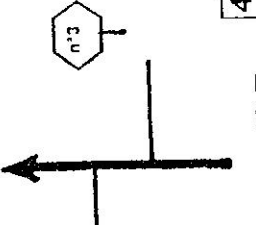
16 JUILLET 2000
G.S.M.0496/ 91.44.57

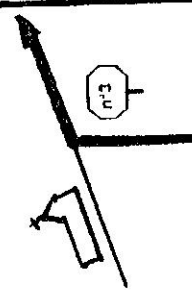
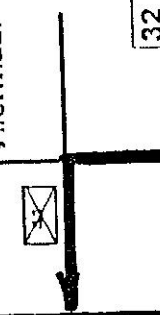
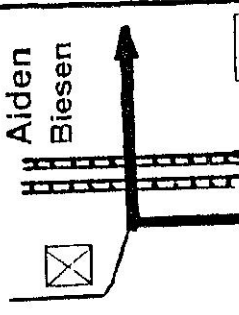
<p>Kortesseem</p>  <p>RSP4300m 19,7</p>	<p>Diepenbeek 6</p>  <p>1300m 30.-</p>	<p>Diepenbeek 8</p>  <p>600m 28,7</p>
<p>suivre Wellen 5</p>  <p>600m 15,4</p>	<p>Maupertuus</p>  <p>1600m 21,3</p>	<p>Maupertuus</p>  <p>1000m 22,3</p>
<p>St. Truiden</p>  <p>RSP3800m 14,8</p>	<p>Kortesseem 3</p>  <p>1900m 26.-</p>	<p>Maupertuus</p>  <p>1900m 26.-</p>
<p>Borgloom 4</p>  <p>1500m 11.-</p>	<p>Maupertuus</p>  <p>1600m 21,3</p>	<p>Maupertuus</p>  <p>2100m 28,1</p>
<p>13 14 15 16 17 18 19 20 21 22 23 24</p>		

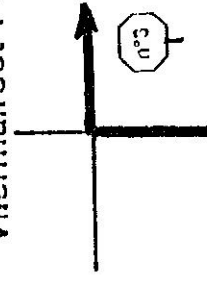
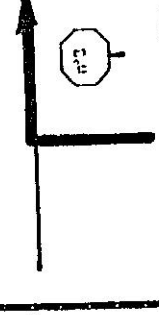
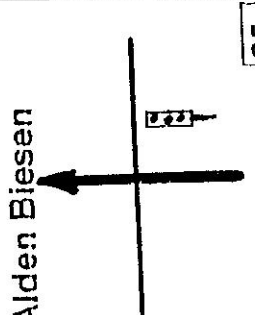
40 46,45 50m

44 48,5 200m

48 53,6 RSP4000m


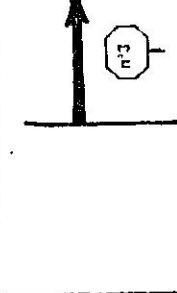
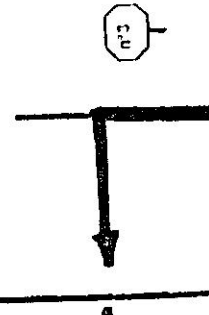
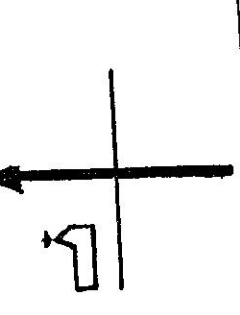
39 46,4 400m

43 48,3 1000m

47 500m


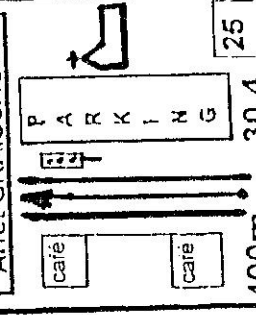

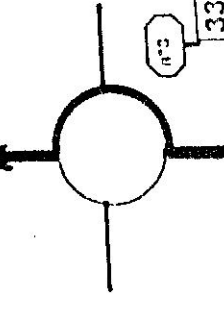
38 46,- 300m

42 47,3 300m

46 49,1 400m


37 45,7 2000m

41 47,- 550m

45 48,7 200m


28 34,3 600m

32 39,6 RSP2700m

36 43,7 300m


27 33,7 1900m

31 36,9 1200m

35 43,4 300m


26 31,8 1400m

30 35,7 400m

34 43,1 1000m


25 30,4 400m

29 35,3 1000m

33 42,1 2500m


<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<p>Le Comité organisateur espère que vous avez passé une bonne journée, vous remercie pour votre participation, vous souhaite un bon retour et vous dit à bientôt....</p> <p>le 6 août à <u>Cerexhe-Heuseux.</u></p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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500m

THE PARADISE

P A R K I N G

84,-

61

TARE

<p>Lixhe Mouland</p> <p>2600m 63,2 52</p>	<p>café</p> <p>600m 67,5 56</p>	<p>1100m 83,5 60</p>
<p>Lixhe</p> <p>200m 60,6 51</p>	<p>900m 66,9 55</p>	<p>Herve</p> <p>13900m 82,4 59</p>
<p>2500 60,4 50</p>	<p>Autoroute</p> <p>500 66,3 54</p>	<p>Battice - Herve RSP sur 13.9 km</p> <p>58</p>
<p>Visé Liège</p> <p>RSP4300m 57,9 49</p>	<p>Fourons 9</p> <p>RSP2600m 65,8 53</p>	<p>Battice 17</p> <p>1000m 68,5 57</p>